



Caring Communities Innovation Grant Scheme 2014/15

In March 2014, 14 community-led projects in Pembrokeshire were awarded funding under the Caring Communities Innovation Grant Scheme. This scheme was set up by Pembrokeshire County Council, Pembrokeshire Association of Voluntary Services (PAVS) and Hywel Dda University Health Board who welcomed bids from community projects which aim to:

- Develop locally-led **innovative** projects based on local need,
- **Improve care coordination** between social services, health, housing, third and independent sectors,
- Focus on **preventative care** and to avoid unnecessary hospital admission or delayed discharge and
- **Improve the resilience of local communities** and their ability to support frail older people to access and enjoy their normal network of community and family relationships.

The number of organisation supported through this grant totalled 14; together they have touched the lives of, and supported, 935 beneficiaries. This brochure shares the projects' successes in delivering a wide range of positive outcomes not only for the individuals who participated and volunteered in activities,

but also for the wellbeing and resilience of Pembrokeshire communities as a whole.

CLYNFYW CARE CIC – CARING FOR THE CARERS

A support group for carers of vulnerable people of all ages

Clynfyw Care Farm set up a support group for carers of vulnerable people across Pembrokeshire, North Carmarthenshire and South Ceredigion with the aim of providing information, respite, a social network and a range of activities.

The regular attendees of the group benefitted through access to peer support, increased awareness of services, access to knowledgeable professionals and from sharing stories with other carers who have lived through similar experiences and challenges. The project has also provided carers with information regarding social services and in order for them to be able to access the support they need now, and to plan for the future.

Case Study

“A” became involved with the project after hearing about it through a 3rd party. A is 64 years old, widowed, and is the primary carer for her granddaughter who has learning disabilities.

“A” reported she has low moods when her caring responsibilities became tiring and overwhelming and despite having a good

network of friends, family live some distance away.

Although “A” continues to face challenges and concerns, the project has enabled “A” to meet with other carers, to share difficulties and also re-connect with the joy that caring brings. The project supported “A” through the process around claiming Carer’s Allowance and “A” has built up a strong social network and useful contacts for support.



FRIENDSHIP CIRCLE

Coffee-mornings social activities for younger and older people

The activity of the Friendship Circle was already well known in the Fishguard area but the grant funding provided the group with the opportunity to run new activities and to promote their work, encouraging more people to join in.



The financial stability and sustainability from the grant award has really helped them - they have not had to worry about funding Friday coffee morning activities and they have been able to develop a varied programme of activity for both older and younger people.

The group have run a number of gentle exercise classes and some have music and movement sessions underway. They have held a number of successful intergenerational IT workshops and 2 very successful tea dances.

The activities of the Friendship Circle have all offered the chance for people who may be lonely, live on their own and not have the opportunity to socialise to meet people in a friendly and relaxed environment, with good food and entertainment on offer.



PEMBROKESHIRE HOUSING (ON BEHALF OF CROFT COURT SOCIAL CLUB AND THE MILFORD HANOVERIANS)

“Independent Living Project” - preventing social isolation amongst older people

The Croft Court Social Club and the Milford Hanoverians “Independent Living Project” group members wished to develop the existing work they were doing in their local sheltered communities (coffee mornings, tenants meetings etc) – ultimately preventing social isolation amongst the older people living in the community and in the local area.

The Croft Court Social Club and the Milford Hanoverians consulted with their group members and residents over various meetings to design a 6-month timetable of events and workshops focussing on independent living skills. The groups particularly sought to encourage older male tenants to participate as they often struggled to engage.

The activity programme included IT classes for residents, local history workshops, gardening projects, craft sessions, healthy lunch club meetings and coffee mornings.

New friendships were made and consolidated. New residents were welcomed and found it easier to integrate into their local community and vital life skills have been developed, such as cookery and IT skills.

This project enabled social isolation to be reduced by sharing activities such as gardening, cooking and craft work and shared interests like local history have helped to bring residents together. The local History evening provided a great talking point; many residents

had their own stories and experiences to share and some even knew the people the two local historians focused on or the events discussed. Many elements of the project will have a lasting legacy as routines and interest groups have been established.

Case Study

“I have lived at Croft Court for just over 4 years. I am not from the Pembroke area originally so don't have a lot of local connections. I live with my husband, I'm 67 years old.

I wanted to get more involved in my local community; I wanted to make friends and local connections. I wanted to develop my independent living skills (IT etc) and make new friends. I moved to a sheltered scheme so I can live independently and I would like to improve my quality of life.

Activities and events were arranged for me to participate in. The Scheme Manager and Tenant Involvement and Community Investment Officer oversaw events and made sure I was kept up to date. I was one of the group members that worked with Pembroke 21C Community Association's 'Pembstech' project to learn IT skills. I improved my relationships and knowledge of my local area. I am now more involved in my community. I've enjoyed all the activities and learnt some new things about Pembroke!”

PEMBROKE DOCK MEN'S SHEDS



Men sharing their lives and stories and developing friendships in a setting that enriches a strong and diverse community life

Pembroke Dock's former Dockyard Gatehouse has been transformed from an empty shell into a working shed thanks to some committed and hard working local people. The Pembroke Dock Men's Shed has been established as a place where men can come and share some time together. They drink lots of tea and reminisce but they also share the skills and knowledge they have learnt over the years.

The Dockyard gatehouse is now open 3 times per week for members to use and enjoy. The Men's Shed has evolved from around 6 initial members to over 30 at March 2015 and membership is ever increasing. The members have participated in a number of community events in Pembrokeshire and have also given support to a wider range of organisations.

Feeling good about yourself, being productive and valued by your community while maintaining an active body and mind are all key factors in preventing a sense of isolation and loneliness – factors which can lead to ill health. Unlike women, men tend to be less attentive to their own health and wellbeing; less likely to talk about their emotions and less likely to seek out help and assistance when necessary. The



shed has helped many members develop new friendships and skills; has brought members together and supported them to socialise again.”

VC GALLERY

Ageless Art:

engaging through art for creative and social means – breaking social exclusion and contributing to wellbeing

The VC gallery's project involved engaged with older people through art for creative and social means in order to break social exclusion and to support and improve wellbeing. The project's goal was to bring art engagement to an older audience with the aim of giving those attending a chance to do something outside of the box, to get creative and to learn new skills.

Intergenerational work has been prevalent throughout the project with the stand-out benefit being the links made to the older generation within the community; for making bonds and for giving the younger volunteers the ability to stop and talk to the more elderly and to understand them better.

Other benefits have been the ability to transfer knowledge on painting, photography and IT skills such as downloading and editing the pictures; using different materials to see the amazing art and personal stories from the people taking part.

Many stories were very moving and made the VC gallery volunteers think wider on issues regarding respect and helping others in the community. Some of the volunteers were suffering similar issues to those of the veterans and the cross-generational working environment helped their own health issues and self-respect.

Words from our participants

“I feel very much part of the team doing workshops and helping people with disabilities helps my own issues. My art has improved too.”

“Due to the nature of my depression my social life and mental health took a downturn. This project gave me the ability to gain confidence and to once more work with others. I used to be a secondary school teacher before my breakdown and I was really appreciative of the



opportunities I had in regaining my self esteem.”



SUPPORTING PEOPLE AND PETS THROUGH OPPORTUNITY AND TRAINING (SPPOT)

Accredited community dog-walking training for people with disabilities or long-term health problems

SPPOT set out to train 5 people who have disabilities and long term health conditions to become accredited dog walkers for elderly people in their community. 14 people

expressed an interest in the training therefore SPPOT also decided to set up a fundraising group to enable people to raise their own money towards training in order for everyone who expressed an interest to be trained.

The main benefits of the project have been the provision of training which lead directly to supported voluntary work for learners. This also enabled them to earn money to contribute towards their own professional development. The training has increased confidence, dog handling skills, motivation, desire to work and ethical standards in animal treatment. It has increased knowledge of isolation of many older people among our learners and other volunteers and it has increased the learners’ desire to help.

Case Study

An elderly gentleman had recently been discharged from hospital following a hip replacement operation and as such was not able to take his dog for her daily walks. The gentleman was worried that he would not be able to keep his dog as she would have become unmanageable at home without the right amount of exercise and the gentleman had began to consider re-homing options.

Three learners on their first SPPOT training course, who all wanted to become professional dog walkers, were supported by SPPOT and their residential care home team to start working with the dog, who they now take for

walks every weekend. This has enabled the elderly gentleman to keep his dog, and the learners are proud of doing a job that has responsibility and which requires a lot of commitment.

The learners are able to see the positive impact that their contribution makes to both elderly people they support and they are able to apply all the skills they learn in practice to their training course.



SPAN ARTS

Reducing social isolation across all ages through programmes of arts activities

Span Arts planned to fund a seven-month intergenerational project tackling social, rural and economic isolation through delivering arts activities in rural areas.



This project aimed to be open and inclusive to people from a range of different backgrounds and genders, and with a range of different needs and abilities.

30 Art Appetisers workshops were ran in clowning, drawing, puppetry, poetry, dance, singing, craft, stand-up comedy, paper theatre, storytelling, technology, mask making, circus skills and puppet-making (see attached schedule for details). They were delivered by nine local professional facilitators and four from outside the area. Refreshments were provided at all workshops and this was often served by volunteers. This proved to be a nice social time when participants could chat.

260+ people engaged with the project participating in workshops. Over 72% of participants evaluated them as 'brilliant' and over 26% as 'good.'

Many full time parents brought their young children with them to workshops where they were integrated as much as possible; this was often a role for volunteers. Children were provided with colouring books etc at some workshops so that parents could participate as fully as possible.

From the feedback forms and from personally attending several workshops it is clear that people relished getting engaging with their local community, getting out of the house and meeting people in their local areas.

It was difficult to quantify the "soft outcomes" like improved confidence and self-esteem, reduction in isolation, increased community cohesion, reduction in anti-social behaviour and an increased sense of belonging and community. However, some of the feedback comments give a good indication of the effect the workshops had:

- "I was volunteering to help, but I find it a joyful experience - especially as there were a few participants who were already very motivated to sing + enjoy the workshop"
- "great/heartening"
- "It was great, I got quite focused."

Words from our participants

"I did things I might not have done usually even if they'd been free. Because I was there any way I got involved. I found the clowning really interesting."

"So nice to get out of the house, have something in the diary for the week, being on nodding terms with people in the local community, feel part of something, part of the community, maybe even make a few new friends, or deepen friendships with people you might know a bit."



ADLERIAN SOCIETY

"Welcome Visitor @ Home" project - volunteers visiting isolated older people in their own homes to engage them in reminiscence
The 'Welcome Visitor @ Home' project was established for volunteers to visit isolated older people in their own homes to engage them in reminiscence - a therapeutic style encouraging positive change and reflecting the 'Adlerian Psychology' goal of moving from a 'felt minus' to a 'felt plus.'

Trained Adlerian counsellors were used as volunteer visitors because they are trained listeners, interested in what clients have to say and can commit time to visit regularly (visits were not counselling sessions). The volunteers visited referred clients and organised a group activity for clients (afternoon tea at Narberth Museum).

The Welcome Visitor @ Home project focused upon working closely with individuals, who typically have few visitors, to create a unique [auto]biography which recorded their life experience to improved their own psychological health. This can boost their self-esteem and help them make a valuable connection between



the past and the present. It can also help them resolve and make sense of an event that's happened in their past.

Not only is this a nice object for the person who received a visit, but it is also a valuable tool in helping the individual 'remember who they are.

Achievements were noticeable and include improvement in 'clients' confidence in themselves, their sense of mental well-being, an increase in self-worth, active change and improved personal care, presentation, mood and connection with others.

The project has also contributed to a reduction in isolation, negative thoughts and self-defeating behaviour.

Below is a poem written by one of the project's clients, which they feel indicates something about what they have achieved:

The Visitor

The lady who comes to see me, she belongs to a friendship scheme.

She talks to me about different things, we cover every theme.

But twice that she did ring me, I did not have a clue -
So I put the phone down on her, which was the wrong thing to do!

She only wanted to ask me, if she could have a chat.

So I thought, that's no harm, there's nothing wrong with that.

She comes to me on a Tuesday, and stays an hour or two,
and we talk about lots of things, that I used to do.
She is really very friendly, as far as I can see,
and, all I hope, as time goes on, she will think the same of me.

It's nice to have some company, sometimes
throughout the day,
When you're living on your own, it passes the time away.
She not only comes to visit me, she calls on others too,
and what I know about her, it's something she likes to do.

I don't know how long she will be coming, but today
I baked her a cake.
She said it was so good, she took the recipe down to make!



NEWPORT & DISTRICT COMMUNITY FORUM – CONNECTING NEWPORT

*Strengthening community voice and
engagement with service providers*

Materion Carningli brings together local voluntary Neighbourhood Support Group networks to network, coordinate efforts, share resources and avoid duplication, discuss and seek to better understand needs and aspirations, identify gaps in local provision,

encourage more volunteers and engage with service providers.

The project sought to raise awareness and communicate information on services and other support available to help maintain independence and quality of life. The main aims were to encourage take-up of support to improve preventative care and to encourage new volunteers.

Materion Carningli was able to raise the profile and understanding about local community and neighbourhood support groups amongst the public. Information on local services was provided in a form to be kept safe for when it is needed and this was particularly useful for those without internet access. Agencies and service providers such as Pembrokeshire County Council and Hywel Dda University Health Board are now more aware of the work of Newport Neighbourhood Community Support Groups and many local people are now more aware of the work of these agencies in return. The project has increased community resilience by bringing the local surgery, school, community groups and individuals closer together and the project as also been able to raise the profile of the community hall.

Case Study

RH is an 85 year-old widow who lives alone. She has, what she calls, a "wonky heart" with oscillating blood pressure which is very difficult to control. RH can't move very well. She walks slowly and with a stick and she has little self



confidence. RH can't drive and has not been getting out very much. She gets lonely and she has found it difficult to access appointments such as with the dentist and with physio.

This project's Awareness Day has helped RH to access information on the wide range of support services available. She now accesses Country Cars to get to her appointments and the Awareness Day also enabled RH to meet with the Chief County Librarian who explained the important role the local library can play in RH's health and wellbeing.

Feedback from the Awareness Day

"The day was a revelation for me."

"It was a life changer for me."

"It was wonderful to meet so many people willing to help others."

"I felt proud of Newport."

PEMBROKESHIRE ASSOCIATION OF COMMUNITY TRANSPORT ORGANISATIONS (PACTO)

"Bus Buddies" - helping vulnerable older people to live as independently as possible

PACTO planned to use the Caring Communities grant to trial a "Bus Buddies" passenger support service, initially on main dial-a-ride services, to help vulnerable older people to continue to live as independently as

possible in our communities. PACTO planned to recruit and train "Bus Buddies" to travel on our Dial-a-Ride services, to provide assistance to passengers who need extra support to be able to use the services.

The project leaders met with Community Transport operators, drivers and passengers and the Transport Department at Pembrokeshire County Council to assess need for the scheme and the type of assistance that would be most useful to passengers / potential passengers.

PACTO worked with Pembrokeshire County Council to adapt the national Passenger Assistant Training Scheme for delivery to Bus Buddies, and tested the training with bus buddy and other community transport volunteers. The project met with other third sector 'befriending' organisations to ensure scheme support and future referrals, and ensure no overlap with existing / planned schemes in the County.

PACTO also met with workers and managers at Care Giving organisations (including care homes, care at home organisations, social work trainers and care training staff across Pembrokeshire) and they also met with Sarah Rochira (Older Person's Commissioner for Wales, and gained her support for the scheme.

The project has enabled an understanding of need (which is great, varied and widespread), the potential of the project to positively impact vulnerable and elderly people's independence,

mobility, community engagement and mental, physical and emotional wellbeing by enabling people to get out of their homes using community transport where they otherwise may not be able to, to feel safe and secure even when away from the transport (e.g. shopping) and to be able to use the transport for as much as possible (shopping as well as medical appointments, for example).

The project has enabled the development of PACTO policies and other documents, and the team are ready to take on non-trustee volunteers and to engage more practically in improving the passenger experience on the Community Transport services within the PACTO family.

The project has also enabled the scheme to be implemented on three dial-a-ride services, with the assistance of one volunteer. This has already brought benefits to elderly and vulnerable service users and has helped PACTO to test the scheme on a small scale to ensure that they are maximising the benefits of the volunteers for the passengers, drivers, operators and volunteers themselves. "

Feedback

"I have a new friend now. She [bus buddy] helps me and we chat a lot. I miss that. She is there if I need her, and she's good company. I like my shopping even more now."



“It’s really given me confidence, and I’m really enjoying it. It’s great to be socializing, meeting new people, doing something helpful. It’s really nice to be helpful.”



PEMBROKESHIRE PEOPLE FIRST

“Befriending Project” - recruiting and training volunteers and identifying befriending partners who are over 55 years old with a learning disability

Pembrokeshire People First established and delivered a robust and comprehensive training programme for the volunteers which comprised 5 sessions on Learning Disability Awareness, Human Rights, Equality and Diversity, the Mental Capacity Act and Introduction to Advocacy.

They held several meetings to ensure that all volunteers were aware of the Pembrokeshire People First policies on lone working, confidentiality and adult safeguarding. They also met several times to discuss the project

and to clarify how it would work safely for the volunteers.

Eight volunteers were recruited and trained for the project, two of whom have a learning disability, and identified nine partners who were willing to take part. Volunteers were matched with a possible partner and arranged an initial exploratory meeting to see if the partnership was viable.

So far, all the partnerships have continued from that initial meeting. There are currently six active partnerships established and self-organising their meetings, and three potential partnerships awaiting their first meeting. Supervision has been offered to all the volunteers in an active partnership, and all the partners have been followed up by the project manager to ensure they are happy with the project.

The volunteers for this project are from the local community and these partnerships have blurred the line between people with disabilities and those without disabilities. The befriended partners are equals with the volunteer and together they agree what activities they want to do, which is empowering.

Beneficiaries have been able to get out and about more and be involved in social activities as well as enjoying their own local amenities. Their lives are less isolated and they experience less daily boredom. They are also exerting a degree of choice and control about

their meetings, which may not always be present elsewhere in their lives.

The volunteers are extending their experience in working with someone with a learning disability and some of the partnerships also involve the beneficiary teaching the volunteer a new skill (e.g. knitting!) Overall, there has been a sense of improved well-being for beneficiaries and fulfilment/satisfaction for volunteers.

Feedback

“A is going to teach me knitting!!”

“A asks if I’m staying for lunch (i.e. all day) and whether we are going to meet next week. She would like us to meet every week.”

“It’s 1:1 special time for A.”

“It’s better now I’ve got a partner.” “You can have a laugh with her!”

PEMBROKESHIRE ACTION TO COMBAT HARDSHIP (PATCH)



“Growing Patch” – engaging with volunteers of all ages to grow fruit and vegetables to support the food bank

PATCH were given a ½ acre plot of land very close to their food bank headquarters in Milford Haven on which they aimed to grow fruit and vegetables to support their food bank. They also wanted to teach new skills and through volunteering, and they hoped that people would become less isolated and feel more valued.

The land was prepared for growing, volunteers were recruited to help with growing plants and a shelter, compost bins and raised beds have been built out of unwanted pallets and tyres. Leeks and potatoes are growing along with hardy herbs and seedling carrots and beetroot are growing well. Fruit bushes are ready to be transplanted into the fields. All of these will supply the food bank when they mature.

More than 220 volunteers have helped with this project. PATCH have also worked in partnership with other organisations who have offered specialist advice on volunteer involvement and growing produce.

Feedback

Working with PATCH and all the peer support has “made a heck of a difference and I am more happy.”

“I enjoy gardening. I haven’t done it before and I love it!”

“It’s just one big, happy family. That’s what we



are.”

PEMBROKESHIRE CITIZENS ADVICE BUREAU

“Caring Communities Digital Welfare Project” - promoting digital inclusion by helping older people / vulnerable people to engage with technology

Pembrokeshire CAB provided opportunities for tenants within sheltered housing to access a First Click course within the comfort and security of their sheltered housing environment.

Interactive workshops and 1:1 sessions were led by the project leader to ensure engagement and participants were supported in the use of digital technology, using a variety of digital hardware such as laptops, tablets & mobile phones via the internet. Workshops promoted intergenerational working, with the project worker and two volunteers in the 18 to 25 age bracket. Project workshops promoted social

inclusion by introducing participants to social media and You Tube.

25 care homes across Pembrokeshire were approached in order to publicise the 'digital life story scheme' and 12 applications were received. Six progressed to the interview and filming stages and five successfully completed a digital life story book. The sixth participant was unable to complete the process due to ill health.

Sheltered housing tenants had the opportunity to learn how to use a computer in a safe environment. Participants gained experience of using a laptop computer / tablet / mobile device whilst under supervision of the Digital Community Worker. After sessions and activity within the project, participants were also able to demonstrate a greater understanding of digital devices, the internet, using email and social media.

Listed below are a examples of the range of benefits that participants gained:

- Sheltered housing tenants (Beneficiaries) were able to engage with new technology
- Beneficiaries engaged through intergenerational working
- Beneficiaries have greater understanding of being online and the benefits associated
- Beneficiaries have greater awareness and understanding of social media and emails



- Volunteers gained new skills and gained intergenerational understanding

Case Study

B is 74 years of age, and he lives at home with his wife (V) who is also his carer. No other close family members live in Wales and his siblings live abroad. V describes Bob as being in the early to mid-stages of dementia and says he is better in the mornings and early afternoons.

V approached Pembrokeshire Citizens Advice at a PAVS Carers Day in December 2014 after the Digital Welfare Manager gave a brief presentation about the project. V was keen to participate and hoped her husband would agree. She was concerned he may not wish to talk about all the elements of his life and was reassured that the questions and content of the video would be led by themselves. Bob's wife supported his social involvement and had encouraged Bob to be involved with the Alzheimer's Society as well as other local groups.

V was frustrated that carers coming to visit Bob wouldn't understand his history or have an idea of the kind of man Bob once was. She felt that sometimes they talked to him like he was just a man with Dementia, forgetting and not knowing that Bob once had a very high profile job and had a very successful career and interesting life. She wanted to do the life story DVD so that it could remind Bob of his family

members, the people he once met through work and the things he had achieved in his life. She also wanted carers to engage with Bob in a more meaningful way, about subjects that Bob may be able to recollect.

Bob was visited at home four times by the project worker who asked him and his wife a series of questions on camera from the Dementia UK life story book. Bob enjoyed these reminiscing sessions but would be very tired afterwards. Sessions were based around Bob and timed to achieve as high a level of recollection as possible. V played a pivotal part in recalling memories and providing content.

The project worker built up a picture of his life and edited the filmed video, organising his answers into themed chapters e.g. his childhood, his work history etc.

V now has a tool she can use. Firstly, to remind Bob of who he is when very confused. Secondly, using it as a calming mechanism when he is anxious, or annoyed because he cannot remember. Both strategies contribute to Bob's overall well-being. V also intends to use the DVD as a tool to improve the knowledge and understanding of Bob's life to any carers visiting. There is strong evidence that this improves the quality of care provided.



COMMUNITY CHOICE & INCLUSION

"Cook, Share and Enjoy" – bread baking workshops for recently-bereaved older men

12 Bread Baking workshops were set up in Dinas Cross, Maenclochog, Crymych and Haverfordwest. The Haverfordwest workshops were aimed at Older Men who have been recently bereaved, and the other 3 locations were aimed at any older man interested and living in the area.

The workshops enabled older men to gather in an environment that is attractive to them and sharing skills and stories. Men were learning how to make their own bread, in many cases, for the first time. They were talking about healthy diets, health issues and, in one set of workshops, the effects that bereavement has had on their isolation, health and wellbeing. The project enabled the men to get out of the house and meet other men in an informal and fun environment. The environment enabled



men to talk freely about issues that affected them, and one man, recently bereaved, talked about how his wife made bread all the time and the cupboards at home still have many packets of flour bought by her.

Peter's wife lives with him and she commented on a number of occasions that this has been really beneficial for him and he enjoys the sessions and she enjoys the bread!

Case Study

Peter (not real Name) Aged 56, has lived in Assisted Housing for the last 6 months following a serious accident that left him needing a wheel chair and unable to communicate verbally. He uses sign language to express himself. Peter was not integrating too well into the new living environment and was not taking part in many activities. It is difficult for him to engage with fellow tenants due to communication barriers.



Peter was encouraged by care staff to attend the bread workshops and when he came along, the other men warmly welcomed him, they were glad to see him, and all made sure he was included. Making the bread was difficult for him, given his disability, but the men supported him to knead the bread and mix the cakes. Peter had a broad smile on his face after the bread came out of the oven. He became a regular at the club bake-offs.

The project has supported Peter to:

- Interact with other men,
- Make connections with others,
- Learn to make bread and
- Enable other men to contribute and support him.



Plans for the future

Although the projects have only been up and running for a short period of time, many have already become well-established within their communities and have made big plans for the future.

All projects have gained confidence from the bidding process and are looking for further funding opportunities. In some cases, projects have already found wider sources of income to help them expand.

A number of projects are also looking for opportunities to become self-sustaining through social enterprise and collaboration with others during 2014/15 has enabled the projects to identify opportunities to work with a wider range of agencies and a wider range of people and communities.

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